

Title of Report:	Feedback on the Health and Wellbeing Strategy Hot Focus: Falls Prevention
Report to be considered by:	The Health and Wellbeing Board
Date of Meeting:	7 th July 2016

Purpose of Report: To feedback on the Falls Prevention Hot Focus session and suggested further action in relation to falls prevention

Recommended Action: It a suggestion that an older peoples task group is set up to take forward the falls prevention agenda based on the discussions of the hot focus group

<i>When decisions of the Health and Wellbeing Board impact on the finances or general operation of the Council, recommendations of the Board must be referred up to the Executive for final determination and decision.</i>		
Will the recommendation require the matter to be referred to the Council's Executive for final determination?	Yes: <input type="checkbox"/>	No: <input checked="" type="checkbox"/>

Is this item relevant to equality?	Please tick relevant boxes	Yes	No
Does the policy affect service users, employees or the wider community and:			
• Is it likely to affect people with particular protected characteristics differently?		<input type="checkbox"/>	<input type="checkbox"/>
• Is it a major policy, significantly affecting how functions are delivered?		<input type="checkbox"/>	<input type="checkbox"/>
• Will the policy have a significant impact on how other organisations operate in terms of equality?		<input type="checkbox"/>	<input type="checkbox"/>
• Does the policy relate to functions that engagement has identified as being important to people with particular protected characteristics?		<input type="checkbox"/>	<input type="checkbox"/>
• Does the policy relate to an area with known inequalities?		<input type="checkbox"/>	<input type="checkbox"/>
Outcome Where one or more 'Yes' boxes are ticked, the item is relevant to equality. In this instance please give details of how the item impacts upon the equality streams under the executive report section as outlined.			

Health and Wellbeing Board Chairman details	
Name & Telephone No.:	Graham Jones – Tel 07767 690228
E-mail Address:	graham.jones@westberks.gov.uk

Contact Officer Details	
Name:	April Peberdy
Job Title:	Programme Manager Public Health and Well Being
Tel. No.:	01635 503436
E-mail Address:	april.peberdy@westberks.gov.uk

Executive Report

1. Introduction

- 1.1 A number of stakeholders were invited be part of a Falls Prevention Focus session on April 23rd from 09.30am till 12.30pm at Shaw House, Newbury. The session was run to help the Health and Wellbeing Board have a greater understanding of what services are available in West Berkshire and how we can achieve the priority within the Health and Wellbeing Strategy: **We will maximise independence in older people by preventing falls, reducing preventable hospital admissions due to falls and improving rehabilitation services**
- 1.2 The aims of the session were: (1) To bring together relevant stakeholders with members of the Health and Wellbeing Board to inform them of Falls Prevention services that are currently available within West Berkshire across a continuum from prevention to treatment and rehabilitation. (2) To identify successes, gaps and barriers within the system and suggest solutions that will inform the Health and Wellbeing Strategy delivery plan.
- 1.3 The objectives of the session were:
- For providers of falls prevention and related services to give a brief outline of the service they provide
 - For members of the Health and Wellbeing Board and other stakeholders to have a better understanding of what services are currently available to address falls prevention in West Berkshire
 - To understand what services are available across the district, identifying any gaps and barriers to provision
 - To identify possible solutions and explore how partners can work together better
 - To draw up a catalogue of actions that can be fed into a delivery plan to be developed by a new Older Peoples task group for West Berkshire.
- 1.4 The structure was a scene setting by April Peberdy, Public Health and Well Being followed by a key note speech by Dr Sarah Logan, Community Geriatrician. Other speakers included Philip Hoy, Falls Prevention Project Manager Solutions For Health, Will Carr, Service Development Project Manager National Osteoporosis Society, Mike Allen Chief Executive Age UK Johnny Stokes, Activity for Health Co-ordinator, Legacy Leisure Tandra Forster, Head of Adult Social Care, West Berkshire Council and Shafik Nassar, Integrated Services Manager (Community Nursing and Intermediate Care). Organisations each had approximately 20 minutes to discuss their work around falls prevention this included looking at evidence and data and what their service offered, who it is aimed at, any particular challenges they faced.
- 1.5 The last part of the session involved small group work (4 tables) exploring; Gaps/ Challenges and Opportunities in relation to falls prevention in West Berkshire.
- 1.6 The groups feedback the following :-**Gaps and Challenges** - lack of integrated services and planning, limited number of volunteer drivers to transport people to

sessions, communication/awareness raising to the public and between services, lack of free services, lack of clear pathway between services, the impact of social isolation, constraints on/available budget, no group to take this work forward, complexity of the rural nature of West Berkshire and service provision

- 1.7 The groups feedback – **Opportunities** – Development of a clear pathway of services and how they can be accessed, more involvement of primary care, focus on primary prevention, early identification of those at risk of falls, mapping of community assets, fracture liaison service, using community assets /social capital/ developing an older peoples task group who would have a focus on falls prevention, Long term interventions , looking at successful models of work in other areas of West Berkshire and how they can be implemented in West Berkshire .
- 1.8 Positive comments were feed back at the end of the sessions that it had been helpful in understanding what services were available and who did what. There was also a great deal of positivity about the opportunity for partners to work more closely together particularly in setting up an older peoples group and a mapping processes
- 1.9 There has been discussion at the Health and Well Being steering group about the development of an Older Peoples task group to take forward the falls prevention agenda. Since the falls prevention hot focus session the Health and Well Being strategy has been in a process of refresh and once the priorities have been agreed for 16/17 there will be a clearer direction on how this area of work may be progressed.

Appendices

There are no Appendices to this report.